

FAIR TRADE BAKE-OFF – December 8, 2013

We bring you our **4th Annual Ethical Holiday** with **fair trade baked goods and bazaars!** Gift a **fair** gift this year.

1. All baked goods must use *at least 3 Fair Trade Certified* products to be included in the bake off! For all other ingredients, we strongly encourage you buy local.
2. Bake Off will take place on December 8th, 2013 from 10am-2pm at First Presbyterian Church, 1200 SW Alder St, Portland, OR 97205.
3. All those interested in participating in the bake off, please email us the following information 5 days before the event:
 - What you'll be baking
 - A list of your ingredients (include what is Fair Trade, what is local, and what is neither)
 - Where you found your ingredients (so we can spread the word!)
 - Your contact information
 - Why Fair Trade is important to you
4. All baked goods must be at the event by 10 am so that they all receive equal voting time. *And so we can make fancy name cards for you!*
5. Throughout the event, attendees will taste test the baked goods and vote for their favorite.
6. Votes will be collected and counted one hour before the end of the event and the winner will be announced.
7. The winner will receive a Fair Trade Gift basket mixed with food and crafts from all your local fair trade organizations!
8. For questions, please contact Avery Lewis at info@voiceforempowerment.com. Co-organized by **Awaz** Handcrafts.



NOT SURE WHAT FAIR TRADE INGREDIENTS FOR BAKING ARE AVAILABLE? HERE ARE SOME IDEAS!

1. Fair Trade Sugar (Wholesome Sweeteners, Conventional, Natural Grocery Stores)
2. Fair Trade Chocolate & **Chocolate Chips (NEW!** from Equal Exchange)
3. Fair Trade Coffee (In bulk and packaged - Natural Grocery Stores)
4. Fair Trade Nuts (Equal Exchange, SERRV.org)
5. Fair Trade Dried Fruits (Equal Exchange)
6. Fair Trade Bananas (Whole Foods)
7. Fair Trade Honey (Natural Grocery Stores, Canaan Fair Trade)
8. Fair Trade Olive Oil (Equal Exchange, Canaan Fair Trade)
9. Quinoa (Alter Eco, Natural Grocery Stores)
10. Spices and Herbs (Frontier Co-op, Natural Grocery Stores)



**NORTHWEST
FAIR TRADE
COALITION**

<http://www.serrv.org/category/food>

<http://equalexchange.coop/products/fair-foods>

<http://www.fairtrade.net/products.html>

<http://northwestfairtrade.wordpress.com/>